Experiences of people living with both HIV and diabetes trying to access essential medications and care: a scoping review

Results
Both diabetes and HIV are lifelong conditions requiring reliable access to essential medicines, education, and care to survive. The experiences of people living with both conditions are insufficiently understood.

This study aimed to describe the experiences of people who are living with both HIV and diabetes when trying to access essential medication or care.

Methods
A scoping review of available literature was undertaken. Studies were included if they explored the attitudes, experiences, feelings, perceptions, satisfaction, interactions with stigma or stereotyping, of people simultaneously living with diabetes and HIV in trying to obtain essential medicine or care. Studies were included if they were published in English between January 2021 and December 2000 and a member of the study team could obtain the article in full.

Studies were excluded if they solely concerned people who were not simultaneously living with diabetes and HIV, did not address essential medicines or care, were written solely from the healthcare provider perspective. Reviews and secondary data were also excluded.

Multiple databases were searched.

Conclusion
Health system integration, decreasing patient burden, addressing stigmatization and elimination of out-of-pocket costs associated with obtaining care are clear targets for improving the access to essential care for people living with diabetes and HIV.